

PSHE/RSE CURRICULUM

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Curriculum Content	<p><u>TOAN Citizenship</u> <i>What does it mean to be part of Team TOAN? Pupils will learn about TOAN's values and how these can be applied at school and in the wider community</i></p>	<p><u>RSE</u> <i>What are the features of healthy relationships? Pupils will develop their knowledge of relationships and begin to consider intimacy in romantic relationships</i></p>	<p><u>Health and Wellbeing (Mental and physical)</u> <i>What does it mean to be healthy? Pupils will learn about the key factors that lead to a healthy lifestyle and how these can be applied in their own lives.</i></p>	<p><u>*Drugs and addictive substances</u> <i>What effect do drugs have? Pupils will gain an understanding of drug, addictive substances and alcohol and their effects.</i></p> <p><i>*KS3 & Y10</i></p>	<p><u>UK & Global Citizenship</u> <i>What does it mean to be a UK and global Citizen? Pupils will gain an understanding of how UK and global society functions, the rights, and responsibilities of being a UK citizen</i></p>	<p><u>Community and Responsibility</u> <i>What is community and what are our responsibilities within this? Pupils will develop knowledge and take part in community projects</i></p>
Y7 topics	<ol style="list-style-type: none"> 1. Transition 2. Student Habits 3. Values – Trust / Endurance / Autonomy/Mastery 4. Extra-curricular opportunities at TOAN 5. Black History Month 6. Mastery task 	<ol style="list-style-type: none"> 1. Introduction to RSE 2. Families and different long-term commitments 3. Romance, love, new feelings, and teen relationships 4. Bullying or banter—what is and what isn't acceptable? 5. How can we prevent online bullying? 6. How can we keep safe and positive relationships? 7. Mastery task 	<ol style="list-style-type: none"> 1. The 5 Ways to Wellbeing 2. The importance of sleep 3. The importance of diet and the risk of obesity 4. Puberty and how this can affect health and wellbeing 5. The importance of hygiene 6. Mastery task 	<ol style="list-style-type: none"> 1. Definitions of the terms 'drug', choice and drug visibility- the law 2. Energy drinks and caffeine 3. Over the Counter medicines- the law 3. Smoking, E-cigarettes, nicotine and tobacco products- the law 4. recreational drugs the law 5. Alcohol- the law 6. Mastery task 	<ol style="list-style-type: none"> 1. Global warming 2. Rights, responsibilities, wants, needs 3. The history of the UNCRC 4. Articles of the UNCRC 5. Children's rights around the world 6. Mastery task 	<ol style="list-style-type: none"> 1. What is community spirit and why is it important 2. Thank a teacher week 3. How we care for the environment 4. Global warming 5. Managing my behaviour to achieve 6. Personal Development and target setting 7. Mastery task

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<p>Y8 topics</p>	<ol style="list-style-type: none"> 1. E-ACT values: Think Big, Do the Right Thing, Show Team Spirit 2. Student Habits 3. Positive interactions with people in the community 4. Extra-curricular opportunities at TOAN 5. Black History Month 6. Mastery task 	<ol style="list-style-type: none"> 1. Introduction to RSE 2. Consent 3. Contraception 4. Danger of pornography 5. Sexting and image sharing 6. STI's 7. Mastery task 	<ol style="list-style-type: none"> 1. What is mental health and why it is important 2. Perception vs. reality- how the media can distort our world view and fake news 3. Negative coping strategies- self-harm and eating disorders 4. Dealing with negativity- responding positively to negative feedback 5. managing strong emotions and anger management 6. Mastery task 	<ol style="list-style-type: none"> 1. Definitions of the terms 'drug', choice and drug visibility- the law 2. Energy drinks and caffeine 3. Over the Counter medicines- the law 3. Smoking, E-cigarettes, nicotine and tobacco products- the law 4. recreational drugs the law 5. Alcohol- the law 6. Mastery task 	<p>Living in the wider world</p> <ol style="list-style-type: none"> 1. How tax is spent 2. Budgeting and saving 3. Income and expenditure 4. Tax and National Insurance 5. Income and expenditure 6. Mastery task 	<ol style="list-style-type: none"> 1. What is community spirit and why is it important 2. Thank a teacher week 3. How we care for the environment 4. Global warming 5. Managing my behaviour to achieve 6. Personal Development and target setting 7. Mastery task
<p>Y9 topics</p>	<ol style="list-style-type: none"> 1. E-ACT values: Think Big, Do the Right Thing, Show Team Spirit 2. Student habits 3. Extra-curricular opportunities at TOAN 4. Democracy 5. Black History Month 6. Summative assessment 	<ol style="list-style-type: none"> 1. Introduction to RSE 2. Eating disorders 3. Body image 4. Child exploitation 5. Abusive relationships 6. Peer pressure 7. Mastery task 	<ol style="list-style-type: none"> 1. Responsibility for health and wellbeing 2. The NHS- what services the organisation provides and how to use it responsibly 3. Self-testing- idea that there are self-checks for cancer, STI tests, BMI checks 4. The 5 Ways to Wellbeing- how to apply this to a healthy lifestyle 5. Health in the community, 	<ol style="list-style-type: none"> 1. Definitions of the terms 'drug', choice and drug visibility- the law 2. Energy drinks and caffeine 3. Over the Counter medicines- the law 3. Smoking, E-cigarettes, nicotine and tobacco products- the law 4. recreational drugs the law 5. Alcohol- the law 6. Mastery task 	<p>The Equality Act</p> <ol style="list-style-type: none"> 1. Marriage and civil partnership- why is it a protected characteristic 2. Religion or belief- why is it a protected characteristic 3- Gender reassignment- why is it a protected characteristic 4- Age- why is it a protected characteristic 5. Consolidation lesson 6. Mastery task 	<ol style="list-style-type: none"> 1. What is community spirit and why is it important 2. Thank a teacher week 3. How we care for the environment 4. Global warming 5. Managing my behaviour to achieve 6. Personal Development and target setting 7. Mastery task

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			vaccinations and allergies. 6. Mastery task			
Y10 topics	<ol style="list-style-type: none"> 1. Student habits 2. UK Citizenship 3. The right to vote and elections 4. How Parliament, the government and taxes work 5. Black History Month 6. Black History Month 	<ol style="list-style-type: none"> 1. Introduction to RSE 2. Forced and arranged marriages 3. Gender and transgender identity 4. Sexism and gender prejudice 5. Same sex marriages 6. Revenge porn 7. Consolidation lesson 	<ol style="list-style-type: none"> 1. Managing Change-how mental health can be affected during teenage years 2. Understanding how the brain, body and emotions work 3. Understanding negative thinking patterns and how to challenge them 4. Having an awareness of mental health and where to go for help 5. How choices and mental health are linked e.g. diet, exercise, drug use, sleep 6. Consolidation lesson 	<ol style="list-style-type: none"> 1. Definitions of the terms 'drug', choice and drug visibility-the law 2. Energy drinks and caffeine 3. Over the Counter medicines-the law 3. Smoking, E-cigarettes, nicotine and tobacco products- the law 4. recreational drugs the law 5. Alcohol- the law 6. Mastery task 	Living in the wider world <ol style="list-style-type: none"> 1. Anti-social behaviour 2. Crime, gangs and county lines 3. Overt and covert racism 4. Why do people become extremists 5. How does the criminal system work 6. Multi culturalism 	<ol style="list-style-type: none"> 1. Dealing with exam stress 2. Thank a teacher week 3. Mocks 4. Mocks 5. Preparing for Y11 6. Preparing for Y11 7. Personal Development and target setting
Y11 topics *PSHE delivered on a Tuesday	<ol style="list-style-type: none"> 1. Careers and college options introduction 2. Levels of Study - A Level/T-Level Study/Levels of Study - BTEC/Vocational Course Study 	<ol style="list-style-type: none"> 1. Introduction to RSE 2. Relationship break ups 3. Types of relationships 4. Happiness and positivity 5. Bullying and body shaming 6. Consent rape and sexual abuse 	<ol style="list-style-type: none"> 1. Dealing with exam stress 2. Creating a realistic revision timetable 3. how to revise effectively and productively 4. Looking after your wellbeing during exams 5. Feeling positive about exams 	*Future choices <ol style="list-style-type: none"> 1- Online presence-how data is generated, collected, shared and used online. 'Think Before You Share' 2- Options after TOAN and what a 		

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	<p>3. Applying for colleges/Personal statement writing 4. Applying for colleges/Personal statement writing 5. Black History Month 6. Black History Month</p> <p>*Black History Month to be delivered during wk 5 & 6 on a Wednesday AM form time</p>	<p>7. Consolidation lesson</p>	<p>6. Revision strategies</p>	<p>college interview is like. 3- Skills needed for further education and the world of work 4- what are employers looking for? 5- Higher Education 6 – Career planning</p>		
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